Dragonfoot Boxing & Martial Arts Centre



DRAGONFOOT BOXING & MARTIAL ARTS

Owner, Founder & Chief Instructor Mr Jon Green 6th Dan

Senior Instructor Mr Graham Blackwell 4th Dan

Instructor Mr Shaun Law 1st Dan

Junior Instructor 2nd Dan Mr Ethan Harlow

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DRAGONFOOT BOXING & MARTIAL ARTS

Unit 7 Swinton Yard Rowms Lane Swinton Rotherham United Kingdom S64 8AE

Yours in Sport

Chief Coach Jon Green 6th Dan



COVID-19

Method Statement: Classes of 13

OFFICIAL OBJECTIVE

Covid-19:

To plan and implement stringent control measures to minimise the risk of members of Dragonfoot Boxing & Martial Arts Centre contracting or transmitting Covid-19.

COVID-19 INFECTION PROTECTION AND CONTROL MEASURES:

Class Booking:

- 13 person maximum class capacity
 - Online, pre-booking admissions only
- Cashless payment system (Where possible)
- Online disclosure within booking to confirm Covid-19 symptom free by members & staff

Gym Management:

- Covid-19 cleaning of non-healthcare settings guidance
- Click here for up to date UK Government Guideline
- Surfaces & Equipment to be disinfected Pre/Post classes

Access/Egress:

- Place signs to designate 2-meter distance queuing
- Prior to entering members pass temperature check
- Members arrive through the entrance
- Members leave through exit
- Avoid members from different groups mixing

Class Management

- Designated and marked out training areas
- Members must stay within their allocated area
- Members may only leave area for toilette break/Class End
- Classes will run for 45 minutes
- Class sizes limited to 13 members per class
- No contact will be allowed between members or staff
- Contact will **only** resume following government guidelines
- After each class surfaces & equipment to be disinfected

Centre Hygiene Maintenance:

- Hand sanitiser to be available for members
- Surfaces & Equipment to be disinfected in between classes
- Coaches to wear PPE where applicable
 - (Gloves, Mask & Shield if less than 2m away from members)
- Coaches to wash hands regularly

Reporting Infection:

- Suspected cases of infection must be reported by members
- Following any suspected infection deep clean to be done
- Classes will be suspended until infection confirmed
- If infection confirmed all affected must self-isolate
- Members who show symptoms must be tested for Covid-19
- Classes will resume after deep clean and 2 weeks have passed from confirmed infection notification

METHOD STATEMENT:

By adhering to the above control measures we aim to control, limit, & minimise the chance and rate of infections from Covid-19. From within Dragonfoot Boxing & Martial Arts centre for our staff, members & general public. Dragonfoot Boxing & Martial Arts & Boxing Centre reserve the right to refuse entry to any member who may have Covid-19 symptoms.

Please note: These control measures are subject to change & will be reviewed in line with government advice & guidelines upon subsequent updates.

